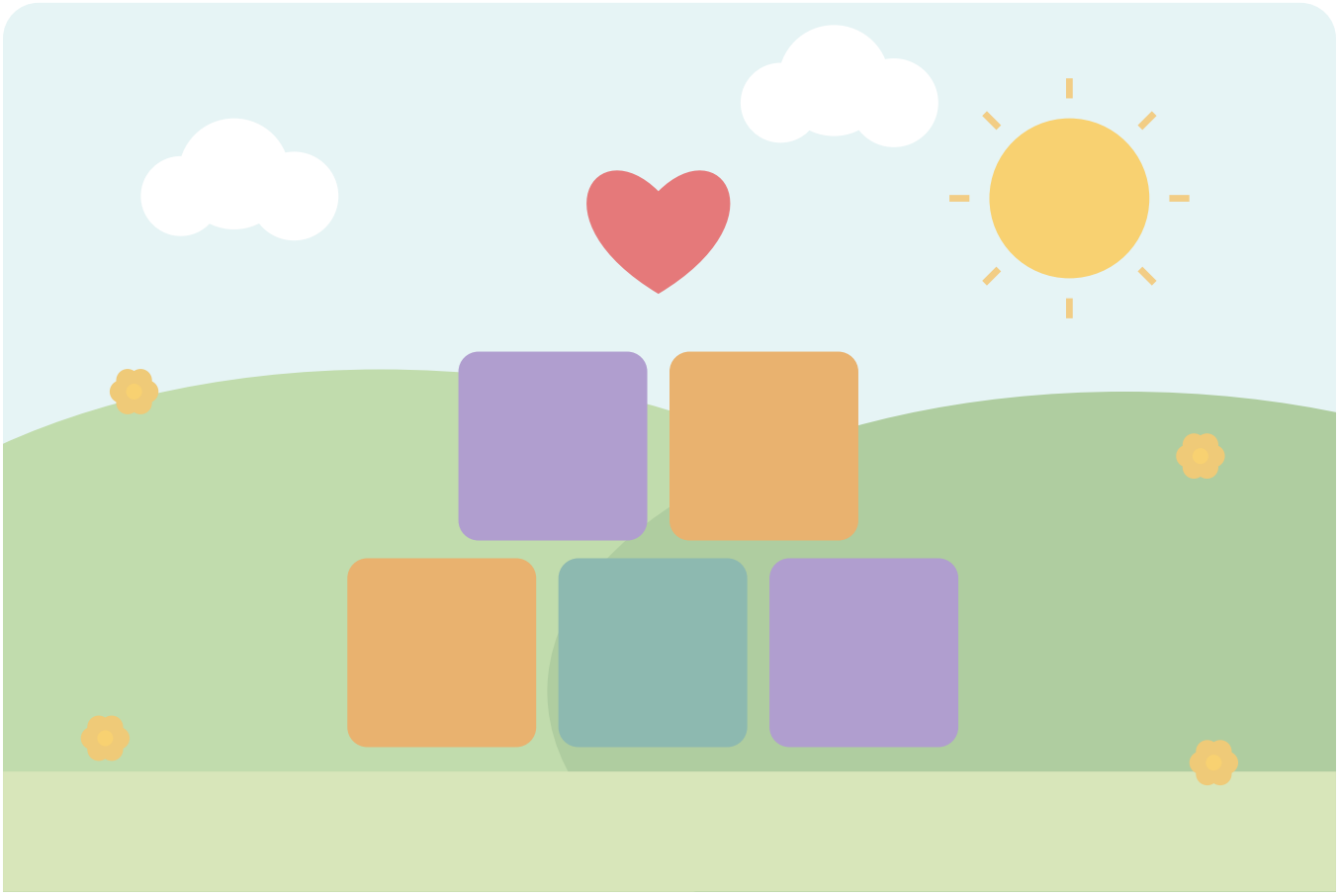
GENESIS TO REVELATION | LETTER LESSON

Build One Another Up

1 Thessalonians 5:11-24



YOUR BIBLE READING

God’s faithful community builds people up through patient care, prayer, and discernment.

Inside: two extended reading pages, a thoughtful reflection, creative activities and a grown-up guide.

AGES 6-10 WITH AN ADULT • 6 COLORFUL A4 PAGES • ENGLISH ONLY

Build People Up with Appropriate Care



1 Thessalonians 5:11-24

Paul's first letter to the Thessalonians calls the community to encourage one another and build each other up. Building is a picture for strengthening people, not a construction project involving bricks. The instruction recognizes that they are already doing this and asks them to continue. A community's care does not need to begin from nothing each day. It can notice what is good, give thanks for it, and keep practicing the help that makes others stronger.

The people are asked to recognize those who work among them, give guidance, and carry responsibility in the Lord. They should honor that labor in love and live peacefully together. Respect is connected with the work being done, not a claim that a leader can never be questioned. The same passage will ask everyone to test what is heard. A healthy community values appropriate responsibility while remaining attentive to truth and the good of its members.

Paul gives different instructions for different needs. Those behaving irresponsibly need a warning; the discouraged need encouragement; the weak need support. Everyone needs patience. This variety matters. A person who is tired or afraid does not automatically need the same response as someone deliberately harming a group. Thoughtful care asks what is actually happening. The goal is not to label people permanently, but to give the kind of help that fits the difficulty before them.

The community must also prevent retaliation. No one should repay evil with evil; instead, they should pursue what is good for one another and for everyone. The circle of concern reaches beyond the people easiest to like. Refusing revenge does not mean ignoring a wrong action. It directs the response toward what is good, with protection and truth still needed. The reading begins with encouragement and becomes a practical description of care that is patient, responsible, and suited to real people.

Remember: Thoughtful encouragement gives people the kind of help their situation needs.

EXTENDED ENGLISH READING • PAGE 2 OF 2

Prayer, Discernment, and a Faithful God



1 Thessalonians 5:11-24

Paul continues with short calls to rejoice, pray continually, and give thanks in every circumstance. Together, they describe a life turned toward God. Continual prayer does not require a child to speak prayers every second or neglect ordinary responsibilities. It suggests an ongoing readiness to bring life before God. Thanksgiving within difficulty does not make the difficulty itself good. A person can give thanks for a helper while still truthfully naming pain and asking for relief.

The letter warns against stifling the Spirit or despising prophetic messages. Yet it does not ask the community to accept every claimed message without thought. They are to test everything, hold firmly to what is good, and stay away from evil. Openness and discernment belong together. A voice claiming religious authority is not automatically safe or truthful. The instruction gives the community a responsibility to examine what it receives, rather than surrender judgment simply because someone speaks confidently.

Paul then prays that the God of peace will make them holy completely and preserve their whole lives for the coming of Jesus Christ. His concern embraces the whole person, described through spirit, soul, and body. Faithfulness is not limited to impressive religious speech while ordinary well-being is ignored. The prayer looks toward a future with Christ, without supplying a date. It asks for God's continuing work across the people's life together and their own personal conduct.

The closing assurance is that the one who calls them is faithful and will act. Their hope is not that every member already knows how to respond perfectly. They depend on the God who calls, while continuing to encourage, support, test, pray, and practice what is good. The passage joins divine faithfulness with active care. A community is built up when people receive suitable help and are allowed to use discernment within a life of prayer and patient love.

Pause and think: How could listening help you choose the kind of support another person actually needs?

THINK, NOTICE & GROW

Ask What Kind of Help Is Needed



A useful response begins with listening. Someone discouraged by a mistake may need encouragement and guidance, while someone injured needs practical support and adult care. You do not need to diagnose every person yourself. Ask a trusted adult when a difficulty is beyond your role. Building another person up can mean recognizing that a different helper or a different kind of help is needed.

The instruction to test messages is important for children. If someone says God requires you to keep an unsafe secret, accept unwanted touch, or obey a harmful demand, tell a safe adult. Religious language does not remove the need for protection. You can respect faithful guidance and still ask honest questions. The passage itself joins attention to the Spirit with careful discernment about what is good.

Prayer and thanks can become familiar parts of a day without replacing sleep, meals, schoolwork, play, or needed treatment. A thankful thought may be as simple as noticing someone's patience. An honest prayer may be a request for help. Together with suitable action, these practices can support a caring community. Their purpose is faithful attention, not a performance that makes difficult feelings forbidden.

A SMALL STEP FOR TODAY

A caring community encourages, supports, prays, and tests what it hears while depending on God's faithfulness.

How could listening help you choose the kind of support another person actually needs?

Read, Remember & Create

Name: _____ Date: _____

1 Think about the reading

1. Why does Paul name different responses to different people?

2. Should a claimed message be accepted without examination?

2 Put the ideas in order

Write 1, 2 and 3 for the order these ideas appear in the reading.

- ☐ Test messages and depend on God’s faithful work.
- ☐ Practice prayer and gratitude without repaying harm.
- ☐ Encourage and offer help suited to real needs.

3 Draw a meaningful picture

Draw a community of helpers with speech bubbles showing encouragement, support, prayer, and thoughtful questions.

Tell someone how your picture connects to the reading.

Read & Grow Together

Read and learn with context

This English edition is designed for ages 6-10 with an adult. Read both extended readings together, or enjoy one each day. Pause at unfamiliar words, invite questions and use the reflection page to connect the story with everyday life. These are retellings and lessons with explanations; read the listed Bible passage for context. Poetry, parables, letters and symbolic visions are identified by type.

Remember this

Thoughtful encouragement gives people the kind of help their situation needs.
Original memory thought, not a direct Bible quotation. Related passage: 1 Thessalonians 5:11-24

A thoughtful conversation

Explain building up as strengthening people and continual prayer as a pattern of attention, not nonstop speech. Match help to actual needs without labeling children lazy or faithless for distress. Emphasize testing messages and safeguarding; religious authority never justifies harmful secrecy. Thanksgiving can accompany honest grief and appropriate practical or professional care.

Activity answers

1. Discouragement, weakness, and irresponsible conduct call for different kinds of help, all with patience.
2. No; the community is told to test everything and hold to what is good.
Sequence boxes, top to bottom: 3, 2, 1. Personal responses and drawings will vary.

Optional prayer

God, help us listen wisely, encourage patiently, and hold to what is good. Amen.

Print and share

Each pack has 6 pages. Print on A4 at Actual Size (100%). The worksheet is page 5. You may print just that page, or use the separate 150-page activity book. The collection contains 150 packs in Bible book order, 15 volumes and one ZIP. Catalog pack IDs stay the same when new readings are added.

Sources and sharing

English retellings, lessons, reflections and activities by DigiPick (2026), based on 1 Thessalonians 5:11-24. Source checked with the public-domain World English Bible. Illustration: original symbolic vector artwork by DigiPick.store; a learning aid, not an additional Bible event.
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