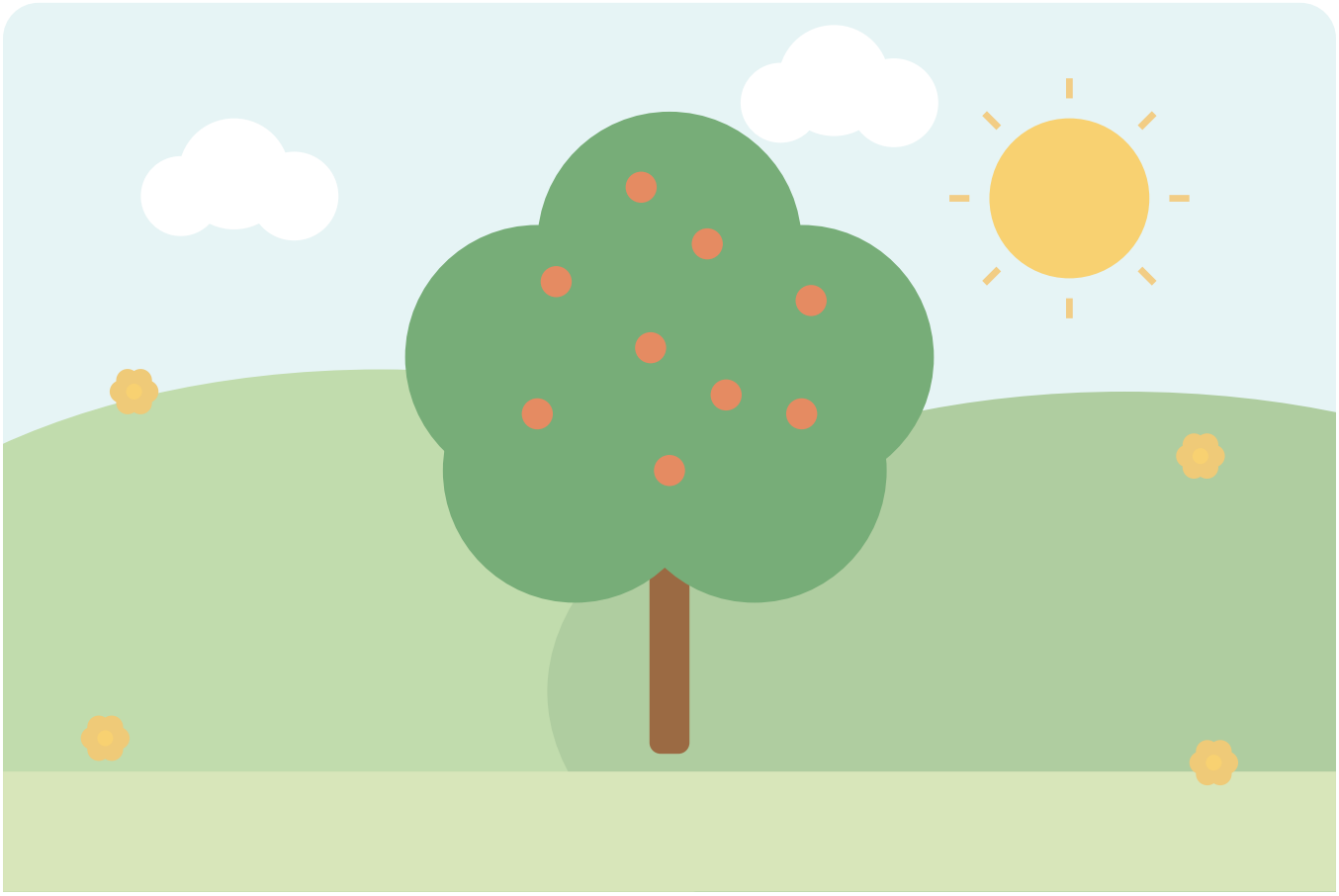
GENESIS TO REVELATION | LETTER LESSON

The Fruit of the Spirit

Galatians 5:13-26



YOUR BIBLE READING

God’s Spirit shapes a life of love, peace, faithfulness, and self-control.

Inside: two extended reading pages, a thoughtful reflection, creative activities and a grown-up guide.

AGES 6-10 WITH AN ADULT • 6 COLORFUL A4 PAGES • ENGLISH ONLY

EXTENDED ENGLISH READING • PAGE 1 OF 2

Freedom That Serves a Neighbor

Galatians 5:13-26



In his letter to the Galatians, Paul speaks about freedom. The believers have been called to freedom, but they are not to use it as an opening for selfish conduct. Instead, they should serve one another through love. Freedom is not measured only by the number of things a person can demand. Within the passage, it becomes an opportunity to seek a neighbor's good rather than insist that every desire must be acted upon.

Paul connects this with the command to love a neighbor as oneself. He then uses a sharp picture of people biting and devouring one another. This is language about destructive conflict, not an account of the congregation literally eating its members. The warning makes the danger of hostility clear. A community can damage itself through hatred, rivalry, and relentless attacks. Getting one's own way can become costly when the method tears apart the people who belong together.

The letter calls believers to walk by the Spirit. A walk pictures the direction of a life through repeated steps. Paul describes conflict between the Spirit's guidance and the desires he calls flesh. In this setting, flesh does not mean that having a human body, needing food, or feeling tired is bad. It names a pattern of desires opposed to God's good way. The invitation concerns how people are led and what conduct grows from that direction.

Paul gives serious examples of harmful conduct, including unfaithfulness, idolatry, hatred, jealousy, angry outbursts, division, envy, and drunkenness. He warns that such a settled pattern does not belong to God's kingdom. The list is not a reason to shame a child for every difficult feeling. It exposes actions that turn desire into harm. The passage now moves from what destroys shared life toward the qualities that grow where the Spirit guides it.

Remember: Freedom can become loving service as good character grows through the Spirit.

EXTENDED ENGLISH READING • PAGE 2 OF 2

What Grows Through the Spirit

Galatians 5:13-26



Paul calls the good qualities the fruit of the Spirit. This is a growing picture, not a statement that literal fruit appears on a person. Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control are named together. The list describes a character taking shape through life with God. Its attention is not on an impressive performance before an audience, but on qualities that affect how people respond to neighbors, difficulties, responsibilities, and their own desires.

These qualities work together. Gentleness gives strength a careful direction, and self-control makes room to choose rather than immediately strike back. Patience can support kindness when someone needs more time. Faithfulness includes steadiness in doing what is right. For a modern example, a child learning a group game may make mistakes. A Spirit-shaped response would seek a peaceful, patient way to help, rather than use the mistakes as a chance to boast or exclude.

Paul says those who belong to Christ have put the old pattern of selfish passions under the judgment of the cross. His language is about turning from that rule of life, not harming the body. Since life comes through the Spirit, conduct should keep step with the Spirit too. This joins identity with practice. Belonging is not meant to become an excuse for claiming a good name while deliberately nourishing the very habits that damage relationships.

The section ends by warning against conceit, provoking one another, and envy. Those are concrete dangers for a group comparing its members. The fruit picture points another way. A person can receive help, grow through correction, and practice a better response without claiming to be finished. The letter calls the community toward freedom expressed in service. Good growth is recognized in love's effects on people, not in a proud declaration that one person is more spiritual than everyone else.

Pause and think: Which quality from the Spirit's fruit could shape one realistic choice you make today?

THINK, NOTICE & GROW

Give a Better Response Room to Grow



A strong feeling may arrive before you have decided what to do. Self-control does not require pretending the feeling never happened. It can mean pausing, moving to a safe place, or asking an adult for help before choosing a response. These are examples for our lives, not a scene Paul narrates. A difficult emotion is not the same as permission to hurt someone, and it is not proof that growth is impossible.

Choose one quality from the fruit list to notice today. Patience might look like allowing time for someone to finish. Faithfulness might mean completing an appropriate promise. Gentleness might mean correcting without humiliating. Ask a trusted adult to help you choose a realistic action. The point is not to collect spiritual prizes or compare yourself harshly with a sibling, but to practice a way that serves another person's good.

Growth can include repair after a mistake. An apology and a changed action matter more than insisting that you are already patient or kind. You can ask God for help and accept guidance from people who care for you. Freedom becomes useful when it leaves room for love, rather than being used only to protect your own immediate wish.

A SMALL STEP FOR TODAY

The Spirit's fruit grows in freedom used for loving service rather than conduct that harms a community.

Which quality from the Spirit's fruit could shape one realistic choice you make today?

Read, Remember & Create

Name: _____ Date: _____

1 Think about the reading

1. What does the fruit of the Spirit describe?

2. How does Paul direct the use of freedom?

2 Put the ideas in order

Write 1, 2 and 3 for the order these ideas appear in the reading.

- ☐ Keep step with the Spirit as good character grows.
- ☐ Use freedom to serve a neighbor in love.
- ☐ Turn from conduct that damages shared life.

3 Draw a meaningful picture

Draw a fruit tree labeled with the nine qualities, adding one practical example beside a branch.

Tell someone how your picture connects to the reading.

Read & Grow Together

Read and learn with context

This English edition is designed for ages 6-10 with an adult. Read both extended readings together, or enjoy one each day. Pause at unfamiliar words, invite questions and use the reflection page to connect the story with everyday life. These are retellings and lessons with explanations; read the listed Bible passage for context. Poetry, parables, letters and symbolic visions are identified by type.

Remember this

Freedom can become loving service as good character grows through the Spirit.
Original memory thought, not a direct Bible quotation. Related passage: Galatians 5:13-16,22-26

A thoughtful conversation

Explain fruit and walking as word pictures for character and conduct. Paul's flesh language does not mean bodies or ordinary needs are bad. Distinguish feelings from chosen harmful actions. Encourage one manageable practice with adult help, without scoring children's spirituality or treating a mistake as proof that God has abandoned them.

Activity answers

1. Good qualities of character growing through life guided by God's Spirit.
2. Toward serving one another through love rather than selfish harm.
Sequence boxes, top to bottom: 3, 1, 2. Personal responses and drawings will vary.

Optional prayer

God, grow love and self-control in us, and help us choose a caring next step. Amen.

Print and share

Each pack has 6 pages. Print on A4 at Actual Size (100%). The worksheet is page 5. You may print just that page, or use the separate 150-page activity book. The collection contains 150 packs in Bible book order, 15 volumes and one ZIP. Catalog pack IDs stay the same when new readings are added.

Sources and sharing

English retellings, lessons, reflections and activities by DigiPick (2026), based on Galatians 5:13-26. Source checked with the public-domain World English Bible. Illustration: original symbolic vector artwork by DigiPick.store; a learning aid, not an additional Bible event.
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